



The Mordialloc Bulletin

News and Views of the Rotary Club of Mordialloc



Rotary Club of Mordialloc Inc. Reg No A0011994G
PO Box 289, Mentone Vic 3194
E-mail: bschauer@optusnet.com.au
Website: <http://rotar.net.com.au/Mordialloc>

Club meets at Mordialloc Sporting Club
528 Main Road Mordialloc (Cnr. Epsom Rd)
Tuesday 6.00 pm for 6.30 pm

Meeting 1971
29 May 2012

THIS WEEK'S MEETING Partners Night

Speaker: Graeme Bruce
Topic: Trip to Antarctica and South America
Chairman: Len Dawson
Duty Desk: Catherine Harris, Russ Hellier
Regalia: Barry Donaldson, Tim Fitton
Fellowship: Maureen McDonald
Bulletin notes: Keith Carpenter

Office Bearers 2011-12

President: Jeff Needham
Secretary: Brian Schauer
Treasurer: Malcolm Finlayson
District Governor: Juliet Riseley
Assistant Governor: Peter Murie

Message from President Jeff Needham

Hi Fellow Rotarians
What a wonderful presentation we had last week from Dr Rodney Teperman, a cardiology specialist from Peninsula Private Hospital. It was evident by the questions that the presentation engendered a lot of interest. Well done to our program team.

The strategic and operational plans updates are now due. I look forward to receiving this vital input so I can put the plan together for you all by the end of June, allowing Glenyse to hit the ground running with a new operation plan for her year.

This week one of our own Graeme Bruce will be discussing his wonderful trip to Antarctica. I am sure some of his pictures will be breathtaking.

Planning for the art show is now in full swing and we will be having a working bee after this week's meeting to prepare the artist invitations for posting. It would be great if you could spare 40 minutes after the meeting to complete this task. The art show is our major fundraiser. Please do not leave it to just a few to complete this task. The more volunteers we have the quicker and easier it will be.

Finally, our changeover night is looming on 19 June. Please keep this night free to welcome Glenyse as our new President. I am sure she is eager to get started and a strong attendance will show her the support she will have from all of us. Note also that the cost of the dinner has been reduced to \$40 per person.

Look forward to catching up with you again this week

Rotary Regards

Jeff



RI Founder Paul Harris



RI theme 2011-12

Last week's Meeting No 1970 at Mordialloc Sporting Club

Attendance: 24 members, 5 guests, 1 visiting Rotarian

Apologies: Carol Quayle, Barry Donaldson, Damian West, John Dawe, David Wright, Kay Gordon

Visiting Rotarian: Peter Murie (RC Cheltenham)

Visitors: Rodney Teperman (speaker), Helen Goode, Helen Brunt, Jean Finlayson, Tony Gorbaty

Make-Ups: Keith Carpenter (3 at RC Braeside)

Welcome back: Maureen McDonald, Sylvio Tang

President's announcements

President Jeff Needham opened the meeting and made the following announcements:

- The annual club changeover will be held on Tuesday 19 June at Woodlands Golf Club. **Note also that the cost has been reduced to \$40 per person**
- The club strategic plan is to be updated and committee heads are asked to submit their comments by 1 June.
- A final reminder for the District Assembly held on 27 May
- Club committees are being finalised for next year by PE Glenyse. Please indicate your preferences to Glenyse
- A Friends of Manatuto (East Timor) fundraising function is being held on Saturday 16 June. See notice on Page 3.
- Entertainment Books are still available for purchase at \$65 each

Rob Goode chaired the remainder of the meeting

Director and Member announcements

David Brunt (community) advised that the City of Kingston is holding a series of public forums on "living Kingston 2035. Details are in the flyer attached to this bulletin. David also reminded about Entertainment Books.

Glenyse Guinan announced that Kay Gordon and Geoff have a new grandson

Maureen McDonald spoke about the meeting to be held at Mentone Park Primary School next week (5 June) and sent an attendance list around.

Bob Travers advised that this year's annual Kingston Charitable Trust Golf Day (previously known as the Mayoral Charity Golf Day) will be held at Woodlands Golf Club, Mordialloc on Friday 7 September

Cliff Riley announced that the Rotary Bowls program is being run in the month of June this year. Kits will be available this week at a cost of \$10.

Jack Cooper (Art Show) advises that the entry forms have been received from the printer. **Members are asked to remain for a short period after this week's meeting to fold and fill envelopes prior to the mail out to artists**

Sergeant-at-Arms

Sergeant Leon decided to start his session with a joke about engineers that proved a fizzer even among the non-engineers. Bob Travers owned up to a lack of art appreciation at the recent Kingston art show at Woodlands. Football winners, and especially Essendon supporters, had to pay up. Len Dawson was pleased to pay because Chelsea FC won the European Cup.

Guest Speaker – Dr Rodney Teperman

Dr Teperman is a cardiologist who works at Peninsula Private Hospital. He spoke of the type, nature and causes of heart disease, treatment methods and preventative measures.

Heart disease is Australia's biggest killer accounting for 34% of all deaths in Australia in 2008. This includes heart attack, stroke and blood vessel disease. It kills one Australian every 11 minutes and prevents 1.4 million Australians living a full life expectancy.

The main risk factors can be classed as:
Modifiable – smoking, blood pressure, diabetes, obesity, alcohol and cholesterol

Non- Modifiable – age, sex, diabetes, family history, ethnicity

Comparison of heart attack and angina:

- Heart attack causes complete blockage of the artery, the heart muscle dies and it is sudden and unpredictable
- Angina causes partial blockage of the artery, the heart muscle is stunned and it can be "stable or unstable"

The symptoms can include chest pain, shortness of breath, sweating, nausea/vomiting, dizziness, collapse, palpitations, nothing or death!

In relation to heart attack, women often present later, have a higher death rate from heart attack, are more likely to have second heart attack, have unusual symptoms and the main risk is after menopause

When a heart attack occurs time is critical. Immediate diagnosis and treatment are essential. Diagnosis includes consideration of patient history, examination and range of invasive and non-invasive tests. Subsequent treatment can include surgery to by-pass or insert a one or more stents in a damaged artery.

Guest speaker (cont)

In the case of suspected angina, diagnosis often involves an angiogram to inject dye into the bloodstream to check for artery blockage and general heart function. If necessary a stent can be inserted at this time. This is usually a relatively simple day procedure requiring a local anaesthetic.

Dr Teperman described the various diagnostic and treatment procedures and responded to a number of questions.

Jack Cooper proposed the thanks

Editor's note: I have an electronic copy of Dr Teperman's PowerPoint presentation. Please contact me if you would like a copy – Brian Foley

Other announcements

APOLOGIES FOR NON-ATTENDANCE

Apologies for absences from the weekly meeting should be directed to Glenyse Guinan on 0412782226 **by 12 noon on the day of the meeting.**

Wheel Chairs for Kids

Please remember to put \$2 in the box on each table each week to go to the "Wheel Chairs for Kids" program. Every \$125 contributed gives one child the freedom of mobility and also liberates a carer.

Carol Quayle has "Entertainment Books" available for sale to members and friends. The cost is \$65 each. Please place your order with Carole.

The Bay Group for Visually Impaired Citizens

The group meets for social activity and lunch on the 2nd and 4th Thursday of each month at Allan McLean Hall, Albert Street, Mordialloc.

Meeting dates of the group for 2012 are:

June	14	28
July	12	26
August	9	23
September	13	27
October	11	25
November	8	22
December	13	(Christmas luncheon)

The Rotary Club of Mordialloc has supported the Bay Group for many years. Members are invited to come along and assist the group in its activities from 11 am to 3.00 pm on meeting days.

The contact persons are:

Margaret Tye 9583 8929
Dorothy Capper 9585 5773

Bowelscan Program 2012

The annual Rotary Bowelscan program will be conducted in June this year in conjunction with pharmacies at Mentone, Thrift Park, Cheltenham East and Parkdale.

The kits are available this week at a cost of \$10 each. Cliff Riley is managing the program again for our club and can provide further information.

**Friends of Manatuto
Friends in Fostering a Sustainable East Timor**

Come to the 2nd Annual Coastal Community Cabaret Saturday June 16th at 7.30pm

Chelsea Heights Community Centre
Beazley Reserve
160 Thames Promenade
Chelsea Heights

(Melways Ref: 93 F12)

Featuring:
South of the River - Community Gospel Choir

Rotterdam - Songwriting/performing Duo

The Hot Flushes - Vocal Quartet

Cost: \$20 per person
Includes Coffee and Cake
BYO nibbles, drinks & glasses

Bookings: Maree 9772 5846 / 0407 376 505
or Lynn 9551 0720 (AH)

All funds raised support projects in Manatuto East Timor

New Email Address – Barry Donaldson

Please note that Barry Donaldson now has the following email address:
barrydon1@bigpond.com

District Assembly 2012

This year's District 9810 Assembly was held on Sunday 27 May at Moorabbin. Incoming presidents for 2012-13 other club officers, new members and other interested people heard details of next year's RI theme as well as major items of focus for the coming year.

District 9820 initiatives for the coming year include use of social media, including Facebook and Twitter in district communications and closer business partnerships. Material from the assembly will be available shortly on the district website at:
<http://operations.9810rotary.org.au/training-district/district-assembly-27-may-2012/>

Polio eradication shifts into emergency mode

From Rotary International News -- 25 May 2012

Despite the dramatic drop in polio cases in the last year, the threat of continued transmission due to funding and immunization gaps has driven the Global Polio Eradication Initiative (GPEI) to launch the Global Polio Emergency Action Plan 2012-13.

The plan aims to boost vaccination coverage in the three remaining polio-endemic countries -- Nigeria, Pakistan, and Afghanistan -- to levels needed to stop polio transmission. Health ministers meeting at the World Health Assembly in Geneva adopted a resolution on 25 May that declared "the completion of polio eradication to be a programmatic emergency for global public health."

Polio eradication activities have resulted in several landmark successes since 2010. India, long regarded as the nation facing the greatest challenges to eradication, was removed from the list of polio-endemic countries by the World Health Organization (WHO) in February. Outbreaks in previously polio-free countries were nearly all stopped.

During that same time span, however, polio outbreaks in China and West Africa due to importation from Pakistan and Nigeria, respectively, have highlighted the continued threat of resurgence. Failure to eradicate the disease could lead within a decade to paralysis of as many as 200,000 children per year worldwide.

Eradicating polio would generate net benefits of US\$40-50 billion globally by 2035, with the bulk of savings in the poorest countries, based on investments made since the GPEI was formed, savings from reduced treatment costs, and gains in productivity. "We know polio can be eradicated, and our success in India proves it," says Rotary International President Kalyan Banerjee. "It is now a question of political and societal will. Do we choose to deliver a polio-free world to future generations, or do we choose to allow 55 cases this year to turn into 200,000 children paralyzed for life, every single year?"

The GPEI's emergency action plan was developed in coordination with new national emergency plans. The plan builds on India's success and outlines a range of new strategies and initiatives to better support polio eradication efforts, including:

- Intensified focus on the worst-performing areas of Nigeria, Pakistan, and Afghanistan to increase vaccination coverage by the end of 2012 to levels needed to stop transmission
- New approaches tailored to each country to tackle persistent challenges and improve polio vaccination campaign performance
- Heightened accountability, coordination, and oversight to ensure success at every level of government and within every partner agency and organization
- A surge of technical assistance and social mobilization capacity

"We are all responsible for creating a polio-free world while we still can," says Chris Elias, president of global development at the Bill & Melinda Gates Foundation. "Achieving this goal is a critical step in protecting all children from vaccine-preventable diseases."

Rotary Club of Mordialloc Club Committees 2011-12

(First named member is chairman and second is the 2 in C).
Committee membership may change during the year.

Community: David Brunt, Don Butler, Drew Libbis, Sylvio Tang, Catherine Harris, John Hoffman, Carol Quayle, Maureen McDonald, Lynette Spencer

International (Includes Rotary Foundation): Brian Foley, Barry Donaldson, Cliff Riley, Helene Rogers, George Aivatoglou, Clem Quick, Kay Gordon, Jack Cooper

Vocational: Rob Goode, David Wright, Jack Cooper, Cliff Riley, Barry Donaldson, Damian West, John Dawe, Jack Pyziakos

Youth (New Generations): Maureen McDonald, Len Dawson, Max Crimmins, Keith Carpenter, Kay Gordon, Jill Brear, Robert Travers

Club Service: Glenyse Guinan, Brian Foley, Jack Pyziakos, Cliff Riley

Sergeant-at-Arms: Leon Quinn, Keith Carpenter

Membership: Len Dawson, Kay Gordon, Catherine Harris, Glenyse Guinan

Marketing: Len Dawson, Barry Carter, Graeme Bruce

Fellowship and Fundraising: Kevin Stewart, Clem Quick, John Fowler, Kay Gordon, Jack Pyziakos, Mike Woods, Russ Hellier

Art Show: Jeff Needham, Jack Cooper, Don Butler, Max Crimmins, Cliff Riley, Len Dawson, Brian Foley

Golf Days: Barry Donaldson, Russ Hellier, Jack Cooper, David Wright

Program: Bob Travers, Rob Goode,

Raffles: Paul Taranto, Keith Carpenter

Footy Tipping: Russ Hellier, Rob Goode

Bowelscan: Cliff Riley

Attendance: Cliff Riley, John Dawe

On-to-Conference: Jack Cooper

Used Stamps Collection: Brian Foley

Almoners: Max Crimmins, John Dawe, Glenyse Guinan

PHF Committee: Jack Cooper, Brian Foley, Rob Goode

Country – City Liaison: Clem Quick

Bulletin, website and IT: Brian Foley

WHERE OTHER CLUBS MEET

A Rotarian can attend the weekly meeting of any Rotary club around the world. This is a "make-up" and counts as attendance credit when you are not able to attend a meeting of your own club. Meeting details of some local clubs are:

ASPENDALE: Tuesday 7.00 am (breakfast)
Doyles Hotel, 1 Nepean Hwy, Mordialloc

BAYSIDE: First and third Wednesdays 6.45 pm for 7.00 pm
New Bay Hotel, corner New and Bay Streets, Brighton.

BEAUMARIS: Thursday 6.30 pm for 7.00 pm
Victoria Golf Club, Park Road, Cheltenham

BENTLEIGH MOORABBIN CENTRAL:
Wednesday 7.00 am for 7.10 am (breakfast)
Hemisphere Centre, 488 South Road, Moorabbin

BRAESIDE: Monday 6.00 pm
Beaumaris Bay Motel, Bodley Street, Beaumaris

CHELSEA: Tuesday 6.15 pm for 6.45 pm
Chelsea RSL, Thames Pde, Chelsea.

CHELTHENHAM: Wednesday 12.30 pm for 1.00 pm
Buckingham Motel, 1130 Nepean Highway, Highett.

CLAYTON: Monday 6.00 pm for 6.30 pm
L'Unico Restaurant, 319 Clayton Road, Clayton

DINGLEY VILLAGE: Wednesday 6.30 pm for 6.45 pm
Dingley International Hotel, Boundary Road, Dingley Village

HAMPTON: Tuesday 6.45 pm for 7.00 pm
Sandringham Yacht Club, Jetty Road, Sandringham

MOORLEIGH MOORABBIN: Monday 6.00 pm for 6.30pm –
South Oakleigh Club, 1 Victor Road, East Bentleigh.

NOBLE PARK: Thursday 6.15 pm for 6.30 pm. Sandown
Regency Motor Inn, 477 Princes Hwy, Noble Park

OAKLEIGH: Thursday 12.30 pm for 1.00 pm. Leighoak
Tabaret, 1555 Dandenong Road, Oakleigh (Cnr Atkinson St)
First Thursday in the month, meeting time is 7.00 for 7.30 pm

SANDRINGHAM: Tuesday 6.15 pm for 6.30 pm. Dolphin
Room, Sandringham Hotel, Beach Road Sandringham.

SPRINGVALE CITY:
Wednesdays: 5.45 pm for 6.30pm at Banksia Room,
Waltzing Matilda Hotel, 856 Springvale Road, Springvale
South

Details for all District 9810 clubs can be obtained in the district directory or website. Details for clubs around the world are available in the RI Directory (held by the club secretary) and on the RI website (www.rotary.org)

Details of make-ups claimed should be given at the duty desk on return to the club.

SUMMARY OF COMING EVENTS

Please note the following dates and events in your diary. It is important that all members support the club in these activities.

5 June	Visit to Mentone Park Primary School Broome Avenue, Mentone Time 6.00 pm to 8.30 pm Cost: \$30 per person for 3 course meal
13 June (Wed)	Board meeting at Rob Goode's house. 7.30 pm
16 June (Sat)	Friends of Manatuto Cabaret Chelsea Heights, Community Centre 7.30 pm – See separate notice for details
19 June	Club Annual Changeover Dinner at Woodlands Golf Club 6.30 pm for 7.00 pm \$40 per person, plus drinks at bar prices
30 June (Sat)	District 9810 Changeover Dinner
13 (Mon) to 19 (Sun) August	Annual Art Show, Westfield Shopping Centre, Southland, Cheltenham
23 Aug (Thurs)	Theatre night to "Moonshadow" featuring Cat Stevens.
4 Sept	District Governor's official club visit
7 Sept (Fri)	Annual Kingston Charitable Trust Golf Day, Woodlands Golf Club, Mordialloc

Members on Leave

Drew Libbis – 2 April to 31 May
Jill Brear – 8 May to 12 June
Helene Rogers – 2 May to 4 June
Clem Quick – 25 May to 17 August

If you plan to be absent for three weeks or longer, please request leave of absence through the secretary.

Bayside Kingston Prostate Cancer Support Group

WHEN: First Monday of each month
TIME: 9.30 to 11.30am
WHERE: Beaumaris RSL
489 Balcombe Road, Beaumaris
Melways Map 86 B5

Wives and Partners welcome, bookings not required

For further information contact Bob Wilson 9589 4282 or
Max Crimmins 9555 4704

Forthcoming Meeting Program & Rosters

Next week..... Partners Night

Date: 5 June
Speaker: Maureen McDonald

Venue: Mentone Park Primary School
Broome Avenue, Mentone
Time 6.00 pm to 8.30 pm
Cost: \$30 per person for 3 course meal

And the next.....

Date: 12 June
Speaker: Peter Brydon
Topic: Orthopaedic Surgeon
Chairman: Barry Donaldson
Duty Desk: John Dawe, Tim Fitton
Regalia: Len Dawson, Bob Travers
Fellowship: Cliff Riley
Bulletin notes: Lynette Spencer

And the next.....

Date: 19 June
Annual Club Changeover Dinner
Woodlands Golf Club
White Street Mordialloc
6.30 pm for 7.00 pm
\$40 per head plus drinks at bar price

And the next.....

Date: 26 June
Speaker: Jack Pyziakos
Topic: The Rotary International Convention,
Bangkok
Chairman: Bob Travers
Duty Desk: Max Crimmins, Lynette Stevens
Regalia: Rob Goode, John Hoffmann
Fellowship: David Brunt
Bulletin notes: Maureen McDonald

TOASTS:

Australia:

Please charge your glasses and assist me in toasting our
great country, Australia
(pause) To our country: Australia

Rotary International:

Please drink a toast to our organisation:
Rotary International, (pause) Rotary International

ROTARY INVOCATION

For good food, for good fellowship, and the opportunity for
Service through Rotary, We Give Thanks

EH
Epsom Hire Services
INVESTMENT PTY. LTD.
A. C. N. 1024 045 744 - Fax: 9583
ROB GOODE

* Underground Supply	6-8 Spray Avenue
* Fresh Water Flush Toilets	P.O. Box 74
* Power Poles	Mordialloc, 3195
* Footpath Crossing	Tel: (03) 9580 5470
* Sheds - Lunch Rooms	Fax: (03) 9587 1248 Tel: (03) 5145 6954

George's Ski Hire
Mt Buller
George Aivatoglou, Manager

Winter: 8 Summit Road (PO Box 8) Mt Buller, Vic 3723 Phone: 03 5777 6088 Fax: 03 5777 6021 Email: info@georgesskihire.com.au	Summer: PO Box 416 Mentone Vic 3194 Phone: 03 9580 7014 Fax: 03 9587 4873 Mobile: 0419 875 368 Web: www.georgesskihire.com.au
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The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.