



# The Mordialloc Bulletin

News and Views of the  
Rotary Club of Mordialloc

Rotary Club of Mordialloc Inc.  
Reg No A0011994G  
PO Box 289, Mentone Vic 3194  
E-mail: [info@mordiallocrotary.org.au](mailto:info@mordiallocrotary.org.au)  
Website: <http://mordiallocrotary.org.au>

Club meets at Woodlands Golf Club  
109 White Street Mordialloc  
Melways Map 87 H 11  
Tuesday 6.00 pm for 6.30 pm

Meeting 2231  
5 December  
2017

**District Governor 2017-18: Malcolm Chiverton**

**Assistant Governor: Ken Mirams**

## THIS WEEK'S MEETING

## Partner's Night

Speaker:	Michael Vale and Donna McCrae
Topic:	Chimpanzees and Entertainment
Chairman:	Paul Taranto
Desk & Regalia:	David Brunt, Rob Goode
Fellowship:	Len Dawson
Bulletin notes:	Kelly Banks



RI theme 2017-18

### Message from President Paul Taranto

Welcome everyone to our twenty second meeting for the 2017-2018 year. Once again Melbourne is showing us what it can do weather wise. I trust everyone gets through the heavy rain period without too much damage.

I was pleased to have our two speakers, Jeff Somers and Brendan Michael from Mordialloc Police come along and talk to members last week. Jeff is a wonderful example of a life of service to the community through his involvement with Rotary programs, his career in education and his contribution to the Knox Community Bank. Brendan's project of putting in place the enablers that will allow children, who otherwise would not have the opportunity, to partake in martial arts training, is a worthy one. I hope that our club can stay connected with Brendan and be able to assist his efforts.

I received news this week that one of the great national Rotary initiatives is coming to an end. 32 years ago the Rotary Club of Taree started the national bowel cancer screening program 'Bowelscan'. One of our members Cliff Riley has been an enthusiastic spokesman for the program. With the Australian Government now having in place an equivalent program the need for "Bowelscan" has ended. Over the 32 years some 680,000 kits were sold (at a minimal price) with over 80% returned.

This has resulted in over 30,000 Australians being treated for potential bowel cancer symptoms and as a result many lives saved. In addition to these obvious benefits the program raised over \$400,000 for Australian Rotary Health. These funds were used in turn to provide scholarships for PhD research into bowel cancer and prostate cancer. An impressive result from an initiative from a Rotary Club.

The results achieved through Bowelscan mirror what has been achieved by the "5000" poppies project and other initiatives/efforts that spring from volunteering. I have listed below 10 personal benefits that have been associated with volunteering. Members may like to reference these when talking to others about becoming involved with a volunteering organization such as Rotary.

Thank you to members who are approaching retailers to have our meeting flyers displayed in their shop windows. I encourage members to continue this effort. It will get our name and our activities out into the local community.

My message for this week comes from the Buddha. It is intended to illustrate the impact that volunteering can have on the volunteer and their wider community.

Continued P 2

President's message continued from Page 1

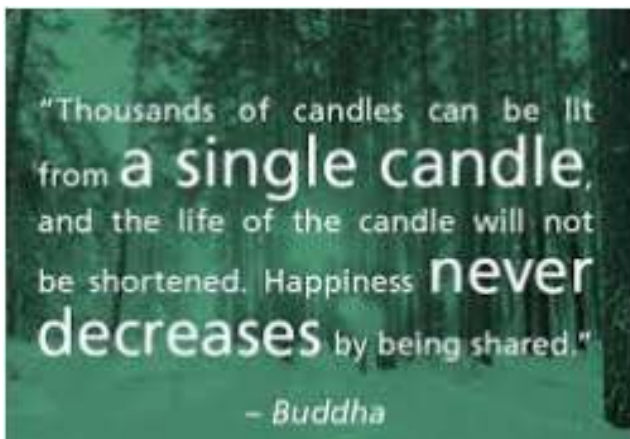
I thank all club members for what they do each day in ***Making a Difference.***

Yours in Rotary

Paul

Ten benefits of volunteering:

1. Volunteers are happier, healthier and sleep better than those who don't volunteer:
2. 96% of volunteers say that it "makes people happier".
3. 95% of volunteers say that volunteering is related to feelings of wellbeing.
4. Volunteering results in a "helper's high," a powerful physical and emotional feeling experienced when directly helping others.
5. Just a few hours of volunteer work makes a difference in happiness and mood.
6. Sustained volunteering is associated with better mental health.
7. Altruistic emotions and behaviours are associated with greater well-being, health, and longevity.
8. A strong correlation exists between the well-being, happiness, health, and longevity of people who are emotionally kind and compassionate in their charitable helping activities.
9. The experience of helping others provides meaning, a sense of self-worth, a social role and health enhancement.
10. Volunteering is highly associated with greater health and happiness.



## **Club Meeting No 2230 – 28 November at Woodlands Golf Club, Mordialloc.**

**Attendance:** 21 members, 1 visiting Rotarian 1 guest

**Apologies:** Kay Gordon.

**Visiting Rotarian;** Jeff Somers (Rowville Lysterfield, guest speaker)

**Guests:** Brendan Michael (Mordialloc Police)

**Make-Ups:** Paul Taranto (District AGM), Jill Brear (Interplast, Royal College of Surgeons)

**Sickness:** Kay Gordon's grandson Callum is still in Royal Children's Hospital. However after several weeks of intensive care is now seems to be on the road to recovery. See latest news in an email from Kay received 9.00 pm Sunday evening at the end of this bulletin.

### **President's Announcements**

President Paul welcomed members and guests and announced the following:

- He distributed copies of a new publicity second flyer listing club events and asked members to approach local shopkeepers to display them.
- He thanked Ernie and Trina for delivering posters to local shops
- Following last week's presentation on websites, Paul has registered on my Rotary and has entered club goals.
- The Gnome and Fairy Festival committee met last week. They are encouraging members to invite family and friends to help on the day.
- He referred to a request from District for clubs to vote on two proposed enactments to the next Rotary International Council on Legislation. The vote will be taken at next week's meeting. Several hard copies of the proposal were distributed at the meeting and electronic copies have now been sent to all members
- Paul had attended the District AGM where Shia Smart was confirmed as DGN for the 2019-20 year.
- Paul presented PP David Brunt with certificate recognising the club's achievement of the End Polio Now giving target in 2016-17.

The weekly meeting was then adjourned for the 2017 Annual General Meeting.

### **2017 Club Annual General Meeting**

This is summary of the AGM proceedings. The full account is contained in the meeting minutes.

The minutes of the 2016 AGM were approved. Moved Brian Foley, Seconded Graeme Bruce.

The nomination of club officers for 2018-19 is not yet finalised so this item was deferred to early in the New Year.

#### **Financial Report for 2016-17**

Treasurer Graeme Bruce presented the club accounts for 2016-17 with a certificate from Auditor Bob Tye that they are a true and fair record of the club financial position at 30 June 2017.

In summary, the total funds available from all sources at 30 June 2016 totalled \$60,558 and at 30 June 2017 it was \$56,310.

Total expenditure on projects, programs and donations amounted to \$46,407.

The major revenue source for the year was Bunnings barbeques that raised \$18,024.

The financial report was approved on the motion of Graeme Bruce, seconded by Ernie Williams.

There being no further business, the AGM meeting was closed and the regular meeting re-opened.

The proposed date for the 2018 AGM is 27 November 2018.

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*Jack Pyziakos* chaired the remainder of the meeting.

### **Director and Member Announcements**

*Brian Foley* (Community) advised that approximately 30 people were expected to attend the Christmas lunch on Monday 4 December (As at 27 November we can expect between 25 and 30 people). Brian asked for members to help on the day to drive some participants to and from the lunch and to assist generally. Kingston council has agreed to provide their community bus and driver to transport their nominations and St Vincent de Paul will bring others. A few do not need transport.

*David Brunt* thanked Keith Carpenter, Jack Pyziakos and Len Dawson for running the barbeque at the Salvation Army barbeque earlier that day.

*Jill Brear* reported that she had attended a meeting between Interplast and the Royal College of Surgeons. Len Brear was recognised as an honoured member of the College for his work with Interplast. The Rotary Club of Mordialloc was also recognised for our significant contributions.

*Kelly Banks* advised that the final orientation day for outgoing student Nicola is on Sunday 3 December. Sarah would also attend.

Brian Foley said that Sarah had joined the Mentone Scout Group as a venturer. She would commence school holidays shortly and planned to visit Brisbane to meet up with another German exchange student who would spend time in Melbourne with Sarah. Brian also reported on the student interviews held at Parkdale SC on 22 November. The format was similar to last year but the students were better prepared and it ran smoothly.

*Jack Pyziakos* is calling for assistance for the Bunnings barbeque on Sunday 10 December.

The weekly raffle raised \$40 with Graeme Bruce and Cliff Riley as the winners.

### **Sergeant at Arms**

Sergeant Cliff ran a short sharp session. As a consequence of the continuing hot weather, Cliff decided to fine all those not wearing ties – women excluded. Sporting fines include the winning Australian cricket team and the Matildas in soccer.

Jack Pyziakos is off to Brisbane to see the Rugby world cup and meet up with grandchildren.

Keith was pleased that all 7 Parkdale United cricket teams won on the same weekend.

### **Guest Speaker: PP Jeff Somers “Rotary Police Mentoring program”**

PP Jeff Somers of the Rotary Club of Rowville-Lysterfield was appointed a mentor in 2016 under the Police-Rotary mentoring project. Jeff has a background in teaching, including principal, small business manager, project manager in a large company, instructional designer and past experience as a mentor.

The mentoring project was initiated by Victoria Police, under then Commissioner Ken Lay, and District 9800 to provide a mentoring program to members of Victoria Police. There was recognition that police middle management had a stereotyped view of management. It was also noted that many police did not recognise the potential of the community to assist them. The program aims to provide exposure to a broader base of business and community activities for a select group of officers each year. The program was later expanded to include District 9810.

Participation is open to any member of the police force although only 15 are selected each year. Any Rotarian can participate if they have the time, skills and business and community connections.

Continued next page

<p>Jeff's first mentee was Detective Senior Sergeant Gerry McKenna. Over the past 12 months Gerry met regularly with Jeff, attended regularly at Rotary meetings, attended Interact meetings at Rowville Secondary College, attended a board meeting of the local community bank and developed an individual personal project.</p> <p>During this time, Jeff has attended a number of functions at the Police Academy including a graduation ceremony, met regularly with other mentors, ridden in a "plain clothes" police vehicle, gained a much better understanding of police work and the stresses and strains experienced by members of the force. He also worked closely with Gerry as she developed her project.</p> <p>Gerry's project follows from her deep concern about young people engaging in behaviour that leads to them being on the Sex Offenders Register for life. Under current legislation, once a person is on the register they cannot be removed even if they are in their teenage years when the offence is committed. This eliminates eligibility for over 100 jobs! Gerry has been working on producing a video that can be used in secondary schools to raise awareness of this issue. Gerry's involvement with the Interact club enabled her to engage directly with Year 10 students who are potentially vulnerable. Gerry worked closely with students to develop several scenarios that convey a strong message.</p> <p>Jeff's next mentee is Senior Sergeant Brendan Michael of Mordialloc Police who then addressed the meeting to introduce himself and outline his project. Brendan has been in the police force for 27 years, has been Senior Sergeant for three years, the last two at Mordialloc.</p> <p>Brendan has been involved in the sport of karate at national level and has been promoting it as a future Olympic sport. It will be a demonstration sport at the 2020 Olympics. Brendan sees the possibility of karate as a sport for young people with disabilities. He is working with schools to highlight the benefit of physical activity to all young people and help them to join in and challenge their own capabilities, build confidence in sport, communication, coordination, confidence, skills in reducing isolation.</p> <p>While the Special Olympics can't partner karate until it becomes an Olympic sport, it can support and link to clubs to support further into the future. This may need modifications to enable access to clubs. There could be potential for Rotary to help in this regard.</p> <p>Both Jeff and Brendan responded to a number of questions concerning the Sex Offenders Register and how Rotary clubs can become further involved with the mentoring.</p> <p><i>Ernie Williams</i> proposed the thanks</p>	<p style="text-align: center;"><b>SUMMARY OF COMING EVENTS</b></p> <p>Please note the following dates and events in your diary. It is important that all members support the club in these activities.</p> <table border="1" data-bbox="802 297 1490 674"> <tr> <td>10 Dec (Sun)</td> <td>Sausage Sizzle, Bunnings Mentone 8 am to 4 pm</td> </tr> <tr> <td>13 Dec (Wed)</td> <td>Board meeting, Taranto House 7.30 pm</td> </tr> <tr> <td>19 Dec (Tues)</td> <td>Club Christmas Dinner, Woodlands Golf Club 6.30 pm for 7.00 pm</td> </tr> <tr> <td>31 Dec (Sun)</td> <td>Sausage Sizzle, Bunnings Mentone 8 am to 4 pm</td> </tr> <tr> <td>2 – 4 March 2018 (Fri–Sun)</td> <td>District 9810 Conference, Bendigo</td> </tr> <tr> <td>18 March 2018 (Sun)</td> <td>Gnome &amp; Fairy Festival George Woods Reserve, Mordialloc</td> </tr> </table> <p><b>Members on Leave</b> If you plan to be absent for three weeks or longer, please request leave of absence through the secretary.</p> <p>Kay Gordon – to end December 2017 -----</p> <p style="text-align: center;"><b>Bayside Kingston Prostate Cancer Support Group</b></p> <p><b>WHEN:</b> First Monday of each month <b>TIME:</b> 9.30 to 11.30am <b>WHERE:</b> Mentone RSL Palermo Street, Mentone Melways Map 87 A8</p> <p><i>Wives and Partners welcome, bookings not required</i> For further information contact Bob Wilson 9589 4282 -----</p> <p><b>Apologies for non- attendance</b> Apologies for meeting absences should be advised to <b>David Brunt</b>. These can be by telephone or text to <b>0418526140 no later than 1.00 pm on Monday before the meeting</b>. Names of any guests can also be advised at this time. -----</p> <p style="text-align: center;"><b>Wheelchairs for Kids</b></p> <p>Please remember to put \$2 in the box on each table each week to go to the "Wheelchairs for Kids" program. Every \$150 contributed gives one child the freedom of mobility and also liberates a carer -----</p> <p><b>On the Lighter Side</b> (from Damian West)</p> <p>Beautiful English</p> <p>I called an old school friend and asked what he was doing. He replied that he was working on "Aqua-thermal treatment of ceramics, aluminium and stainless steel under a constrained environment".</p> <p>I was impressed.</p> <p>Later I learned that he was washing dishes with hot water under his wife's supervision!!</p>	10 Dec (Sun)	Sausage Sizzle, Bunnings Mentone 8 am to 4 pm	13 Dec (Wed)	Board meeting, Taranto House 7.30 pm	19 Dec (Tues)	Club Christmas Dinner, Woodlands Golf Club 6.30 pm for 7.00 pm	31 Dec (Sun)	Sausage Sizzle, Bunnings Mentone 8 am to 4 pm	2 – 4 March 2018 (Fri–Sun)	District 9810 Conference, Bendigo	18 March 2018 (Sun)	Gnome & Fairy Festival George Woods Reserve, Mordialloc
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## Forthcoming Meeting Program & Rosters

### Next meeting.....

Date: 12 December  
Speakers: Charles and Carolyn Wilkins  
Topic: Holidaying in Cuba and Mexico  
Chairman: Jack Cooper  
Desk & Regalia: Don Van. Barry Donaldson  
Fellowship: Brian Foley  
Bulletin notes: Jill Brear

### And the next....

Date: 19 December



Annual Christmas Dinner  
Woodlands Golf Club  
6.30 for 7.00 pm  
\$35 per head for two-course meal  
Drinks at bar price

### No Meetings 26 December and 2 January

Date: 9 January

To be advised

## TOASTS

### Australia:

Please charge your glasses and assist me in toasting our Great country, Australia. (Pause) to our country: Australia.

### Rotary International:

Please drink a toast to our organisation: Rotary International, (pause) Rotary International.

### ROTARY INVOCATION:

For good food, for good fellowship and the opportunity for service through Rotary, We give thanks.

## The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

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## The Rotary Four-Way-Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

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SUPPORT  
YOUR LOCAL  
TRAVEL AGENCY  
WHO SUPPORTS  
OUR LOCAL CLUB

**DESTINATION HQ**  
TRAVEL DIFFERENT TRAVEL REDEFINED

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Beumaris 23 North Concourse 9589 3294	Mentone Thrift Park Shopping Centre 9584 3833
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**Email message received from Kay Gordon, 9 pm Sunday 3 December**

*Dear family and friends,*

*I just wanted to share with you an email from Allison (Callum's Mum) that I received yesterday - "Dubbed as miracle by the cardiac team; after three weeks in ICU on dialysis and life support Callum has been moved out of ICU into the cardiac ward. Apparently he will make an almost full recovery with rehab. Thank you all so much for all of the love, support, prayers, hope and positive vibes."*

*We just keep hoping and praying that his progress will continue this way, and thank the amazing cardiac team at our fantastic Children's Hospital for their wonderful care. Thank you all so much for the prayers, lighting of candles you have been doing for Callum, and support you have given me and my family I am looking forward to a happy and healthy 2018 for all of my family. I will never doubt the power of prayer. I am looking forward to visiting Callum on Tuesday.*

*Love*

*Kay*