



Rotary Club of Mordialloc Inc.  
 Reg No A0011994G  
 PO Box 289, Mentone Vic 3194  
 E-mail: [info@mordiallocrotary.org.au](mailto:info@mordiallocrotary.org.au)  
 Website: <http://mordiallocrotary.org.au>

Club meets at Woodlands Golf Club  
 109 White Street Mordialloc  
 Melways Map 87 H 11  
 Tuesday 6.00 pm for 6.30 pm

**Meeting 2245**  
**3 April**  
**2018**

**District Governor 2017-18: Malcolm Chiverton**

**Assistant Governor: Ken Mirams**

**THIS WEEK'S MEETING Partner's Night**

Speaker: Lynne Davine  
 Topic: Aims, Objectives and Achievements of Inner Wheel  
 Chairman: Carol Quayle  
 Desk & Regalia: Barry Donaldson, Don Van  
 Fellowship: Brian Foley  
 Bulletin notes: Jill Brear



RI theme 2017-18

**Message from President Paul Taranto**

Hello and welcome everyone to our thirty sixth meeting for the 2017-2018 year. I am writing this message early Easter Monday morning. I trust everyone has had a peaceful and happy Easter. I know that I have had such an Easter with my Birthday being celebrated on the Saturday. My family organized a lovely lunch in the city followed by the Giants football game at the MCG with the Giants recording a win. The serious injuries suffered by Tim Broomhead (broken leg) and Tom Scully (broken ankle) however were timely reminders on just how much these young men put on the line every match they play. I wish both a speedy and full recovery.

This Easter break my thoughts turned to abundance and time. In this country we are fortunate to have many things in abundance. I saw it Saturday morning when the local Woolworths had put all the unsold Easter items on clearance (Easter Sunday really denotes the end of the Easter period but not so for supermarkets). I see it every morning when I drive to work and go past the car storage areas at Port Melbourne and Altona where literally many hundreds of new vehicles are lined up row after row waiting for new owners. We saw and heard a glimpse of it last week with Mike Brooks taking us through the world of hockey here in Australia. Australian adults and children have multiple outlets to enjoy sporting endeavors. Once it was simply a choice of no sport or cricket in summer and AFL in winter,

These days, Australian schoolchildren can partake in hockey, soccer, touch football, tennis, basketball, netball, swimming, athletics and so the list goes on. The one thing we do not have in abundance though is time.

Carol Fox (whom I have mentioned before) sent out a timely piece just before Easter on time and how we use it. I believe the message of the article is very worthwhile and it is reproduced at the end of this bulletin.

I mentioned earlier that I got to go to the MCG on my birthday. As it happens I share my birthday with the young son of one of my daughters work colleagues. His name is Sam and Sam is a fan of my grandson Tim. My daughter took the time to arrange for Sam to get a change room pass so he could see Tim at the end of the game. The look on Sam's face as he stood in the change room as the team came in at the conclusion of the game told you that this was the best birthday present ever. After the team song was sung and Tim had ice bags taped to his sore body Tim took the time to come over and greet Sam personally and present him with an autographed football jumper. Some of Tim's teammates had heard about Sam's visit and Josh Kelly and Dylan Shiel took the time to come over and also say hello to Sam and have photos taken with him. Sam's day was complete when he was also given one of the food boxes (full of food) that the players consume at the end of the game (plenty of carbs and protein). Sam will certainly have something to show and tell at school this week.

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I mentioned at the start that I am writing this at the start of Easter Monday morning. I have just dropped Dianne off at Bunnings to join Jack Pyziakos and Sylvio Tang to start setting up for the Bunnings BBQ. It is wonderful that members and their partners and friends give so freely of their time to support the club's and Rotary endeavors. The call on people's time these days is unrelenting. I am sure everyone has heard the phrase "time poor". It is because of this that I appreciate the time taken by members to support and participate in the club's activities.

On Easter Sunday you could say we had a time bonus with the clocks being wound back one hour. I trust everyone enjoyed a sleep in and did not miss any appointments.

Thank you to club members for what they have done and continue to do each day in **Making a Difference**.

Yours in Rotary

Paul

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**Club Meeting No 2244 – 27 March at Woodlands Golf Club, Mordialloc.**

**Attendance:** 14 members, 3 guests

**Apologies:** Kay Gordon, Len Dawson, Brian Foley, Jill Brear

**Guests:** Mike Brooks (guest speaker), Ann McWilliam Sarah Wich, exchange student,

**Make-Ups:** Jack Pyziakos (Present-Elect Training), George Aivatoglou (RC Hamilton)

**Illness:** Geoff Hillard is home after recent surgery and is in good spirits. He has several medical appointments over the next week.

Bob Travers has had a stroke and is in Peninsula Private Hospital and expected to go to rehab shortly (Update 2 April – Bob is back in hospital)  
Rob Goode was welcomed back after recent illness

**Traveller:** Carol Quayle has returned from Vietnam. Trina and Ernie are due back this week

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**President Announcements**

President Paul Taranto welcomed members and guests and gave the following announcements:

- At the recent board meeting, Brian Foley reported and showed pictures of on the Doveton Secondary College "hands on learning project" which is now completed. Principal Greg McMahon will speak to the club, probably in May, about work being done in his school for disadvantaged communities.
- The adjourned 2017 AGM will be re-opened at this week's meeting to deal with club appointments for 2018-19.
- The Gnome and Fairy committee were to meet on 28 March.

- Club members are asked to check in their homes, businesses or cars for any club equipment such as Hi Vis vests, banners or other assets and email details to either Carol or Paul
- All members are reminded to advise meeting apologies to David by noon on Mondays. The club has to pay for meals ordered but not used.
- Flyers advertising this week's meeting were available for distribution to shops etc.

*Jack Pyziakos* chaired the remainder of the meeting

**Director and Member Announcements**

Secretary *Carol Quayle* reminded that the Working With Children needs updating.

*Jeff Needham* (youth) advised that Mentone Girls Secondary College had been accepted to participate in this year's Model United Nations Assembly (MUNA) and would represent Egypt

*Sylvio Tang* (International) reported that further details had been received on the Brother Beausang School water project in Kenya. Total cost is expected to be \$30,000 to \$40,000. President Paul and President-Elect would attend the District Rotary Foundation grants seminar in relation to a possible grant for the project. Liaison need to be maintained with a local Rotary club in Kenya.

The weekly raffle raised \$26 with the winners being Jack Cooper and Keith Carpenter.

**Sergeant-at-Arms**

Sergeant Cliff had a wide range of sporting and other fines. Rob Goode was welcomed back. Snow has been falling at Mount Buller. Football winners were St Kilda, GWS, Essendon, Storm and St George. President Paul had a \$5 delight for Tim's good play.

Paul was also seen being a good neighbour picking up after a dog near his home. David Brunt was delighted that water is now fully restored at his house after renovations. Jack Pyziakos is awaiting family arrivals.

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**Guest Speaker: Mike Brooks – "A Hockey Tragic"**

Mike lived in Bristol, UK, before immigrating to Australia in 1974, first living in Western Australia. Mike describes himself as a 'hockey tragic' being active as a player, coach, umpire, selector and administrator. Wife Ann and daughter Nicola (currently on youth exchange in France) also play hockey with Nicola being a member of Victorian state under-age teams.

Mike showed a short video of the best field goals of 2017 and then used a photographic presentation to describe various aspects of the game. The basic features:

The game is played between two teams of 11 players (same number of players as soccer)

There are up to 5 reserves who can be rotated at any time

<p>Two 35 minute halves (with time on but no time outs)</p> <p>Two umpires (one on each side of the field)</p> <p>Scoring is only allowed within 15 metres of goal</p> <p>The pitch is a 91.4 m x 55 m (100.0 yd. x 60.1 yd) rectangular field</p> <p>At each end is a goal 2.14 m (7 ft) high and 3.66 m (12 ft) wide, as well as lines across the field 22.90 m (25 yd) from each end-line and in the centre of the field.</p> <p>A spot 0.15 m (6 in) in diameter, called the penalty spot or stroke mark, is placed with its centre 6.40 m (7 yd) from the centre of each goal. The shooting circle is 15 m (16 yd) from the base line. Shots at goal have to be taken from 15 metres or closer in order to score</p> <p>Hockey is a right-handed game. Sticks can vary in length. Juniors play with sticks that reach their hip bone. Senior sticks are usually between 34 and 38 inches long.</p> <p>Equipment. The modern goalkeeper is heavily protected. Hockey balls can travel at 140 kph. Balls since the 1980s have been made from hard plastic (either solid or with a cork core).</p> <p>As the game changes so does the equipment. Field players now have large gloves and masks to protect themselves when defending a penalty corner.</p> <p>A set of rules of field hockey was drawn up by several clubs in London in January 1876 following the establishment of the Hockey Association. There have been a series of rule changes over time, particularly in the last 40 years.</p> <p>A major skill change in the game since 2007 has been the development of the tomahawk (using the front edge of the stick) to play the ball on your back stick (left) side.</p> <p>Physical impact. Hockey requires high aerobic fitness (a midfielder at club level would run over 5 kilometres a game, stop start, sprint). It also places high stress on the knees and back</p> <p>Is hockey dangerous? It is a fast moving sport with a swinging carbon fibre weapon and a missile that goes at over 100kph. Injuries suffered by Mike include facial fractures, split forehead and broken ribs, broken hand, knee damage due to a fall, split chin and split eyebrow due to deflected balls.</p> <p>The question was asked of Mike: – What happened to India as a former leading world team. Answer: Not always the best team was picked due to political influence over selection.</p> <p>Jeff Needham proposed the thanks.</p>	<p><b>SUMMARY OF COMING EVENTS</b></p> <p>Please note the following dates and events in your diary. It is important that all members support the club in these activities.</p> <table border="1"> <tr> <td>2 April (Easter Mon)</td> <td>Bunnings Mentone sausage sizzle 8 am to 4 pm</td> </tr> <tr> <td>6 April (Fri)</td> <td>Interplast Golf Day, Woodlands Golf Club</td> </tr> <tr> <td>16 April (Mon)</td> <td>Dr Kathleen McGuire song project recording session. Abbotsford Convent.</td> </tr> <tr> <td>26 April (Thurs)</td> <td>Board Meeting Taranto house. 7.30 pm. <b>Note change of date</b></td> </tr> <tr> <td>20 May (Sun) Morning</td> <td>District 9810 Training Assembly. Deakin University, Burwood.</td> </tr> <tr> <td>2 June (Sat)</td> <td>District 9810 Changeover. Southern Golf Club. 6.30 pm start, \$62 per head</td> </tr> <tr> <td>15-17 February 2019</td> <td>Victorian Multi-District Conference Melbourne Convention Centre</td> </tr> </table> <p><b>Members on Leave</b>  Ernie Williams – 12 March to 3 April  Trina Williams - 12 March to 3 April  Damian West: - to end of April  George Aivatoglou – end May</p> <p>If you plan to be absent for three weeks or longer, please request leave of absence through the secretary.  -----</p> <p><b>Bayside Kingston Prostate Cancer Support Group</b>  <b>WHEN:</b> First Monday of each month  <b>TIME:</b> 9.30 to 11.30am  <b>WHERE:</b> Mentone RSL  Palermo Street, Mentone  Melways Map 87 A8  <i>Wives and Partners welcome, bookings not required</i>  For further information contact Bob Wilson 9589 4282  -----</p> <p><b>Apologies for non- attendance</b>  Apologies for meeting absences should be advised to <b>David Brunt</b>. These can be by telephone or text to <b>0418526140 no later than 1.00 pm on Monday before the meeting</b>. Names of any guests can also be advised at this time.  -----</p> <p><b>Wheelchairs for Kids</b>  Please remember to put \$2 in the box on each table each week to go to the “Wheelchairs for Kids” program. Every \$150 contributed gives one child the freedom of mobility and also liberates a carer  -----</p>	2 April (Easter Mon)	Bunnings Mentone sausage sizzle 8 am to 4 pm	6 April (Fri)	Interplast Golf Day, Woodlands Golf Club	16 April (Mon)	Dr Kathleen McGuire song project recording session. Abbotsford Convent.	26 April (Thurs)	Board Meeting Taranto house. 7.30 pm. <b>Note change of date</b>	20 May (Sun) Morning	District 9810 Training Assembly. Deakin University, Burwood.	2 June (Sat)	District 9810 Changeover. Southern Golf Club. 6.30 pm start, \$62 per head	15-17 February 2019	Victorian Multi-District Conference Melbourne Convention Centre
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## Forthcoming Meeting Program & Rosters

### Next Meeting

Date: 10 April  
Speaker: Cathryn Turnbull  
Topic: A Teachers Life in Rangoon, Burma  
Chairman: Len Dawson  
Desk & Regalia: Don Butler, David Brunt  
Fellowship: Trina Williams  
Bulletin notes: Kelly Banks

### And the next.....

Date: 17 April  
Speaker: Paul Fraser, Director of CSIRO  
Topic: Greenhouse Gas and Climate Change Research  
Chairman: Trina Williams  
Desk & Regalia: Len Dawson, Don Van  
Fellowship: Ernie Williams  
Bulletin notes: Carol Quayle

### And the next.....

Date: 24 April  
Speaker: Ricky Dunbar  
Topic: Professional running  
Chairman: Jeff Needham  
Desk & Regalia: David Brunt, Don Butler  
Fellowship: Len Dawson  
Bulletin notes: Carol Quayle

## TOASTS

### Australia:

Please charge your glasses and assist me in toasting our Great country, Australia. (Pause) to our country: Australia.

### Rotary International:

Please drink a toast to our organisation: Rotary International, (pause) Rotary International.

### ROTARY INVOCATION:

For good food, for good fellowship and the opportunity for service through Rotary, We give thanks.

## The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

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## The Rotary Four-Way-Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

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SUPPORT  
YOUR LOCAL  
TRAVEL AGENCY  
WHO SUPPORTS  
OUR LOCAL CLUB

DESTINATION HQ  
TRAVEL DIFFERENT TRAVEL REDEFINED

Beaumaris  
23 North Concourse  
9589 3294

Mentone  
Thrift Park Shopping Centre  
9584 3833

## Carol Fox article on Time referred to in the President's message



### ***We can generally find time for the things that are most important to us.***

It's true that we can generally find time for the things that are most important to us. For some people this might be finding time for an exercise session before work. For others it might be finding time to eat a healthy lunch, buy someone a present, do a course or read their child a bedtime story and tuck them into bed. Yet someone else when presented with concepts such as exercising, eating healthily, treating others, improving their mind or spending time with their children might say they really want to do these things, and that they would do them 'if they only had the time'.

The reality is that if they truly valued these things they would create time for them.

Time is a created concept. It only exists as a measurement in the third dimension to give us a tool to organise ourselves.

In my coaching sessions, clients often bring up the issue of time as something that stops them being, doing or having what they want in life. And always, when we dig underneath this, there is something they value more than the thing they think they 'should' be doing.

If you find yourself using the phrase "I don't have time", you might choose to check yourself. Ask yourself instead, "What's the purpose of choosing to do \_\_\_\_ rather than \_\_\_\_\_?" There is always an underlying reason. Most of us find time each day to have a shower and wash our clothes, rather than choosing to stay dirty and wear smelly clothes. Why? Because being clean makes us feel good...and we like feeling good! That's the real reason we do it. It's not about the shower or the clothes.

So get clear on your reasons for spending time on the things you do. Perhaps you might choose to do something different with your time, such as exercise before work or arrive home early enough to say goodnight to your child. Or maybe you will just choose to commit to what it is you really do want. Maybe you will stop letting your colleague, friend, partner or child down, if you have been, by promising you will do something, then saying you 'don't have time'. Maybe this will help you get clear on what you do want in life, and what it is you value most.

Take some time to ponder that...only if it's important to you of course.