



Rotary Club of Mordialloc Inc.
 Reg No A0011994G
 PO Box 289, Mentone Vic 3194
 E-mail: info@mordiallocrotary.org.au
 Website: <http://mordiallocrotary.org.au>

Club meets at Woodlands Golf Club
 109 White Street Mordialloc
 Melways Map 87 H 11
 Tuesday 6.00 pm for 6.30 pm

Meeting 2285
12 February
2019

District Governor 2018-19: Russell Gurney

Assistant Governor: Kathy Monley

THIS WEEK'S MEETING

Speaker: Club members
 Topic: Committee Meetings
 Nicola Brooks will report on her student exchange in France
 Chairman: Carol Quayle
 Desk & Regalia: Jenny Pudney, David Brunt
 Fellowship: Kathy Thompson
 Bulletin Notes: Glenyse Cooper
 Sergeant at Arms: Barry Donaldson



RI theme 2018-19

Message from President Jack Pyziakos

As an example of clubs working together to bring better outcomes, Colleen Rooth from the Rotary Club of Cheltenham has been involved through Rotary Youth Exchange in assisting with the Back Pack Beds raffle at the Multi-District conference later this week along with another Cheltenham member Raju Subramanian. Abi Speedy Printers Pty Ltd, Keysborough printed the raffle tickets for free. This raffle hamper is worth over \$200.

Colleen is also bringing some sandwiches to the Swag Afternoon Tea. Jenny and Di are the contact people for the Afternoon Tea so please let them know if you are bringing a plate and what it is. Jill Brear is organising the raffle for the afternoon tea with a French flavour. Thank you to Jenny Pudney for offering her house for the event. Invitations have gone out to club members and a flyer is attached to this bulletin. Please circulate the flyer among your family and friends and business associates.

Volunteers are required to assist with the reading program at Mordialloc Primary School. It recommences this Friday and continues for the school term. We need a pool of people as back up for the two required each week. Don Butler and Helen Brunt are looking after this week. Unfortunately, I cannot go this week as I will be attending the Peace Conference in the city.

Gabby has been busy every day this week: dinner with Carol and her family for Carol's birthday, Chinese New Year dinner with Paul Taranto, Tuesday night Rotary and Wednesday hockey. Then Thursday home but organizing the Swag Tea flyer, on Friday she watched the movie "The Way", Saturday attended the Lane Ways festival, Sunday morning tea with Jack and Kathy, Carol and Jill Van. She also fitted in homework for school, went to a travel expo, another festival at St Kilda beach and off for another Chinese New Year dinner with Carol and Don. Phew!

Because Gabby has been run off her feet, she is looking for foot comfort recipes.

I have been watching the golf all weekend to spot Ernie Williams marshalling the troops, but to no avail.

I do require numbers this week please for those wishing to attend the dinner for the returned exchange students on Friday 1 March. I need to advise the numbers attending this week.

"Do not let what you cannot do interfere with what you can do". John Wooden

Jack Pyziakos
 President
"Be The Inspiration"

Club Meeting No 2284 – 5 February at Woodlands Golf Club, Mordialloc

Attendance: 17 members, 1 guest.

Apologies: Graeme Bruce

Visitor: Exchange student Gabrielle de Bonnieres

Make-Ups: Jack and Kathy at exchange students debriefing session

Sickness: Damian West is progressing reasonably well.

President's Announcements:

President Jack Pyziakos welcomed all to the meeting and gave the following announcements:

- The welcome home dinner for returning exchange students will be held on Friday 1 March at Mulgrave Country Club.
- Australian Rotary Health is holding a cocktail party on Friday 22 February at the Hyatt Hotel
- The club had received a letter from Governor Russell seeking expressions of interest for the position of governor.
- A club video contest closes on 21 May.
- Gabrielle's invitation for the Swag Afternoon Tea on Saturday 23 March (see attachment)

Brian Foley chaired the remainder of the meeting.

Director and member announcements

David Brunt (Community) advised that the club meeting on 5 March, which is the briefing for the Gnome and Fairy Festival, will be held at The Buckingham in Highett

Trina Williams (Youth) advised that Mentone Girls Secondary College has the entry forms for this year's MUNA. Nicola Brooks will give her presentation on her 12-month student exchange in France to the club at next week's meeting.

Paul Taranto has updated publicity flyers for advertising the club in local shops.

Jack Cooper and *Ernie Williams* had been given a contact at Hodges Real Estate through Mark Hooper and received a \$1000 donation for the Gnome and Fairy Festival. Hodges may provide other assistance on the day and also help at the golf day.

Kathy Thompson mentioned that several ladies had discussed with Gabrielle a "Swag Afternoon Tea" fundraiser to support the youth exchange project of swag beds for homeless people. The tea will be held on the afternoon of Saturday 23 March at Jenny's house in Parkdale. Gaby then showed her design of a flyer to advertise the event. Gabby will be the host, assisted by Di and Jenny. Kathy also thanked Jill Brear for donating raffle prizes. The completed flyer, containing further details, accompanies this bulletin.

Kathy added that a raffle in support of the swag beds project is being held at the Multi-District conference.

Weekly Raffle

Paul ran the weekly raffle that raised \$31. The wheel chair collection raised \$21.

Sergeant-at-Arms

Kathy Thompson was sergeant for the night and invited all members to nominate one or more Rotary programs that they had seen or been involved with that did good for the community. Many programs and projects were put forward including:

Seeing the Rotary youth exchange program in action (Jenny)

The reading program at Mordialloc Primary School (Jill). The club could consider donating books to the school to assist the literacy program

The money raised for the club through the Bunnings sausage sizzles (Jack Pyziakos)

The Rotary Art Show held for nearly 30 years at Southland and other venues in earlier years, over 40 years total (Jack Cooper)

The National Youth Science Forum run by Paul Taranto for many years (Jack Pyziakos)

Working with the Salvation Army at Kingston Gardens, Dingley Village and the contribution of Len Dawson with his art program and the sensory garden (Kathy Thompson)

The successful Interplast Golf Days over many years for which we are indebted to Barry Donaldson (Cliff)

The Annual Jumble Sale held for over 20 years and the great contribution by Rob Goode who provided storage space for collected goods at his factory and use of his trucks and equipment (Brian)

The success of the Gnome and Fairy Festival (Trina)

Kay Gordon's toy and book stalls (Paul)

The Meals on Wheels delivery at weekends (Paul)

The Christmas lunch for those who live alone (Paul)

The Salvos sausage sizzles (Paul)

Guest Speaker – Jenny Pudney "First Aid"

Jenny had been a volunteer with the St John's Ambulance service for over 10 years and gave us a practical demonstration of first aid techniques and procedures for various situations using Gabrielle as the model.

When an incident occurs, such as a victim being found lying unconscious without any obvious cause of injury or illness, the general first aid procedure should be:

1. Assess the danger. Walk around the patient
2. Try to get a response from the patient
3. Call out to the patient and squeeze their hand
4. Send for help
5. Call 000 - ambulance

- 6 Remove other people from the room or area
- 7 Get a first aid kit, defibrillator or whatever emergency equipment that is at hand
- 8 Ask for help from others at the scene
- 9 Check the airway for any blockage
- 10 Check for breathing
- 11 Look for breath for 10 seconds
- 12 Roll patient on to their side (not their back)
- 13 Tilt head back

To apply CPR, use the flat of the hand in the middle of the patient's chest. Apply 30 compressions followed by two strong breaths into the patient's mouth. Keep going with the 30 compressions and / 2 breaths until replaced by another helper or the ambulance arrives.

In the case of a baby or young child, CPR can still be applied by using two fingers instead of the hand and using the 30/2 routine.

If the patient begins breathing, they should then be moved into the recovery position.

In the case of choking, the airway can be cleared by five blows by hand on the back between the shoulder blades, using an "up and over" the head technique. This can be alternated with five blows to the chest, using the other hand in the middle of the back to steady the patient.

In the case of a person, often a child, suffering an allergic reaction, such as anaphylaxis, specialised attention may be needed. For a child who is subject to anaphylaxis, a parent often carries an adrenaline auto-injector (EpiPen) to provide immediate treatment. Jenny demonstrated how an EpiPen is administered to the thigh.

Jenny concluded by demonstrating various ways of tying slings to support an injured arm using all of us models..

Ernie Williams proposed the vote of thanks for Jenny's presentation.

On the Lighter Side



SUMMARY OF COMING EVENTS

Please note the following dates and events in your diary. It is important that all members support the club in these activities.

12 Feb (Tues)	Gnome & Fairy Festival meeting 1.30 pm.
15-17 February 2019	Victorian Multi-District Conference Melbourne Convention Centre – Sat 16 & Sun 17 Feb; Peace Through Service Conference – Fri 15 Feb
1 Mar (Fri)	Welcome home dinner for returning young exchange students. Mulgrave Country Club. Further details to come
17 March (Sun)	Gnome & Fairy Festival George Woods Reserve, Mordialloc
23 March (Sat)	Swag Afternoon Tea 2 pm to 4.30 pm 38 Marriott Street, Parkdale See flyer for full details
5 April (Fri)	Interplast Golf Day at Woodlands Golf Club
22 April (Mon)	Bunnings sausage sizzle 8 am to 4 pm
Future dates for Bunnings sausage sizzles. All Fridays: 21 June, 19 July, 16 August, 20 September, 18 October, 15 November, 20 December	

Members on Leave

Kay Gordon: 19 December to 5 March 2019

Di Taranto: 17 January to 6 March

If you plan to be absent for three weeks or longer, please request leave of absence through the secretary.

Other announcements:

Apologies for non- attendance

Apologies for meeting absences should be advised to **David Brunt**. These can be by telephone or text to **0418 526 140 no later than 1.00 pm on Monday before the meeting**. Names of any guests can also be advised at this time.

My Rotary Registration

All members are asked to register in "My Rotary"
The RI website is: <https://www.rotary.org/en>
The "My Rotary" link is: <https://my.rotary.org/en>
Then go to: "Register for a New Account". RI registration number, email address and a password are required.

Bayside Kingston Prostate Cancer Support Group

WHEN: First Monday of each month

TIME: 9.30 to 11.30am

WHERE: Mentone RSL
Palermo Street, Mentone
Melways Map 87 A8

Wives and Partners welcome, bookings not required

For further information contact Bob Wilson 9589 4282

Wheelchairs for Kids

Please remember to put \$2 in the box on each table each week to go to the "Wheelchairs for Kids" program. Every \$150 contributed gives one child the freedom of mobility and also liberates a carer

Forthcoming Meeting Program & Rosters

Next Meeting

Date: 19 February
Speaker: Greg King
Topic: Vocational programs
Chairman: Paul Taranto
Desk & Regalia: Don Butler, Don Van
Fellowship: Ernie Williams
Bulletin Notes: Glenyse Cooper
Sergeant at Arms: Brian Foley

And the next..... Partners' night

Date: 26 February
Speakers: Jess Taranto
Topic: Mercy Ships
Chairman: Trina Williams
Desk & Regalia: George Aivatoglou, David Brunt
Fellowship: Kathy Thompson
Bulletin Notes: Jill Brear
Sergeant at Arms: Barry Donaldson

And the next.....

Note: Change of Venue for one night: "The Buckingham" 1130 Nepean Hwy, Highett

Date: 5 March
Speaker: Jack Cooper and committee members
Topic: Briefing for Gnome and Fairy Festival
Chairman: Paul Taranto
Desk & Regalia: David Brunt, Don Van
Fellowship: Trina Williams
Bulletin Notes: Glenyse Cooper
Sergeant at Arms: Cliff Riley

TOASTS

Australia:

Please charge your glasses and assist me in toasting our Great country, Australia. (Pause) to our country: Australia.

Rotary International:

Please drink a toast to our organisation: Rotary International. (Pause) Rotary International.

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

The Rotary Four-Way-Test

1. **Is it the TRUTH?**
2. **Is it FAIR to all concerned?**
3. **Will it build GOODWILL and BETTER FRIENDSHIPS?**
4. **Will it be BENEFICIAL to all concerned?"**

SUPPORT
YOUR LOCAL
TRAVEL AGENCY
WHO SUPPORTS
OUR LOCAL CLUB

DESTINATION HQ
TRAVEL DIFFERENT TRAVEL REDEFINED

Beaumaris
23 North Concourse
9589 3294

Mentone
Thrift Park Shopping Centre
9584 3833