

The Mordialloc Mentone Bulletin



Rotary Club of Mordialloc Mentone Inc.
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PRESIDENT DAVID'S MESSAGE 18.3.25

LEVEL CROSSING REMOVAL, ROADWORKS IN MELBOURNE, NEW RAIL TUNNELS, WHAT'S NEW? Life seems so busy without us adding our own personal programme to it. How often do we say to ourselves "I wish I had more time". Last Thursday, at the Parkinson's Group we listened to a number of people expressing their frustrations about not having time, or their medical support people not having time for them. No matter what the problem is the lack of time seems to be at the centre of many of our daily issues

At the Mordialloc -Mentone Rotary Club, I stand amazed how much a small club can squeeze into our programme. If you look back into our history you would see us committing ourselves to a similar output that we did when we were a much larger club.

I stand back and simply say Thank You. Our District Conference is almost upon us. To those who are attending my hope is that your interest and support of Rotary in all its aspects will be challenged and renewed, and that on your return to us you may inspire us as well

David

TUESDAY MARCH 18, 2025 – Mentone RSL – 6.15pm for 6.30pm start

**Meeting #2505
Guest Speaker – Helen Brunt
Chairman – Brian Foley
Acknowledge of Country & Toasts – Trevor Salmon
Bulletin Notes – Di Taranto
Vote of thanks – Kathy Thompson**

TUESDAY MARCH 25, 2025 – Mentone RSL – 6.15pm for 6.30pm start

**Meeting #2506
Guest Speaker – Trevor Salmon
Chairman – Michael Mullan
Acknowledge of Country & Toasts – Glenyse Cooper
Bulletin Notes – Di Taranto
Vote of thanks – Paul Taranto**

TOASTS & WELCOME TO COUNTRY

We acknowledge the Bunurong Peoples of the Kulin Nation as Traditional Owners and Custodians of the land on which we meet, and pay respects to their Elders past, present and emerging.

**Loyal Toast
Please charge your glasses and assist me in toasting our great country,
Australia
(Pause) To our great country, Australia**

**Rotary Toast
Please drink a toast to our organisation, Rotary International
(Pause) Rotary International**

NOTES FROM ROTARY CLUB MEETING #2503
March 4, 2025

ATTENDEES – Jack & Glenyse Cooper, Trina Williams, David Brunt, Michael Mullan, Trevor Salmon, Cliff Riley, Jenny Pudney, Di & Paul Taranto

ZOOM – Brian Shauer

APOLOGIES – Ernie Williams, Alan Opie

PRESIDENT DAVID –

- Welcome to visitors

CHAIR – Jenny Pudney

GUEST SPEAKERS– Tom Roth and Janette Etherington – Interplast

- Interplast owned by College of Surgeons and Rotary
- We may well be longest supporter of Interplast – thank you from Tom and Janette
- Plastic and reconstructive surgeries – also provides disability support and some diabetes prevention
- Life changing through surgery, care and training
- Why is there a need for Interplast? – 6% of surgical procedures are undertaken each year are performed in the world's poorest countries
- Have worked in Bhutan – trained a local doctor who further trained in Australia – has since gone back to Bhutan to perform surgeries
- Club has raised 1997-2025 - \$100,000+
- Work in Asia Pacific – many countries
- Locals learn from surgeon – want to upskill locals
- 16,000+ mentoring hours are delivered by Interplast – remotely, on demand or webinar
- Surgical equipment is sent to partner hospitals
- Interplast now provides mobility training and support across the Pacific
- Janette shared 3 case studies – Gladi – growth of 3 kilos on left side, Dafne – cleft palate, Pasilio – severe burns
- 27,200 surgeries, 13,000 training opportunities to date

Q – Paul – do Interplast work with other Rotary Clubs ie RAWCS, ROMAC, Wheelchairs for Kids? A - yes, refer between other programs

Glenyse – pleased they are working with Diabetes

Q – Jack – have any trouble getting surgeons to volunteer? A – have quite a number of surgeons available – accommodation, airfares and accommodation are paid for by Interplast

Q – Trevor – is anything happening educationally regarding diabetes? A – most work is in prevention

Q – Cliff – how many teams have been sent away? A – has dropped considerably – some of that is financial – Victoria is one of the biggest supporters

Q- Paul – who else funds.? A - Rotary, Australian Government, personal donations, trusts and foundations, appeals

Trevor presented Tom and Janette with a check for \$5,000

- David - Parkinson's support Group next Thursday – traffic will be tricky
- Paul will give report next meeting on an International Zoom meeting he attended recently
- Conference news – Jack has put together a pack for members attending

- Brian – a few bills have been paid – healthy funds
- Jenny spoke to Lions cluster – very keen to keep in touch and be involved in further programs

VOTE OF THANKS – Paul Taranto

Wine – Trevor
Chocolates – Cliff

Next meeting - Committee Zoom Meeting

NOTES FROM ROTARY CLUB COMMITTEE ZOOM MEETING #2504 MARCH 11, 2025

ATTENDEES – Trina & Ernie Williams, Di & Paul Taranto, Brian Foley, David Brunt, Trevor Salmon, Glenyse & Jack Cooper, Kathy Thompson, Michael Mullan

APOLOGIES – Alan Opie, Jennifer Cloke, Jenny Pudney, Graeme Bruce

SECRETARY –

- Officially Rotary Club of Mentone Mordialloc Inc. Please let Trina know if you see anything that needs changing to our new name
- Brian Foley will change bank details
- Board Meeting next Tuesday March 18, 5pm at Mentone RSL
- Trina has had a card printed for club use

TREASURER –

- No changes since last week – all straight forward
- \$600 deposited from market

COMMUNITY –

- Donations of meals to the Salvos are welcome. Pasta, cereal, and long-life milk are always needed. The Sewing Day for sanitary products for Kenya West is being held this Saturday from 9:30 am - 3:30 pm at the Salvos. Further information will be in the Newsletter or contact Jennifer. The Salvation Army is currently recruiting for 12 volunteer positions: garden, admin, reception, bread bagging and tagging, maintenance (painting).
- Heart Health Walking Group – will run again on 22 March. We had an excellent walk around Mordialloc last month, and this walk will be in Parkdale.
- Parkinson's Support Group – is this Thursday. The building works are well under way. The parking for the group has not been affected so far.
- *Redevelopment of gardens at Dingley - Big thank you to Alan, who continues to tidy the garden even though the Safe Sleeping program is finished. Thank you, Alan.*
- Chatty Café – Jenny and Kathy went to visit Just Italy on Monday. Kathy will be taking over the project and is looking for volunteers who would like to have coffee with members of the community on Wednesdays at 9.30 am. Start date TBA. A commitment of one Wednesday a month is required.
- Safe Sleeping for Women project – Completed. Jennifer Cloke will speak at Chelsea Rotary, and Jenny Pudney will speak at Moorabbin Rotary in the next few weeks to provide these clubs with a final report. Chelsea Rotary are winding down its mobility scooter project.

- Mordialloc LXRA – Paul attended a 2nd meeting recently – there will be lots of activity during March and April – noise and light will increase – parking will become an increasing problem – David Brunt contacted the authority regarding the noise and light in his area – they will keep him informed – Mordialloc will be an extremely big job especially getting the plumbing in order prior to construction – Parkdale Station is approximately 3 months away from construction – Paul will be talking to Chris, president of the Traders Association regarding a possible event upon completion.
- Jack presented some more information regarding the District Conference

FOUNDATION & INTERNATIONAL –

- International a big arm of Rotary
- Paul attended a ZOOM seminar which showcased International Projects – all of which were pretty impressive
- Toilets and water project in Timor-Leste – Beaumaris RC involved in a Student Education Project providing toilets/buildings in Sabu – Traralgon RC together with Herefordshire RC, UK using knitting to raise funds to purchase echo-flow units to power medical equipment – Far East Gippsland RC supporting Days For Girls producing around 1000 kits per year

YOUTH –

- Di had nothing to report – she will be presenting a budget to the board on Youth Programs for the rest of the year to see what funds are available before contacting schools

PRESIDENT DAVID –

- Conference news ongoing – Jack Cooper to keep participants informed
- New District Governor Nominee Designate 2027-28 is Murray Wilson from Rowville Lysterfield RC
- Call out for Environment Chair – workshop 17.5.25
- Questions were asked as to whether there would be disaster aid for those effected by ex-cyclone Alfred – we will wait to hear if anything is being organised by Rotary – suggested that donation baskets at the market will go to this appeal
- Changeover will occur sometime in June – Michael Mullan and David will discuss a suitable date

UPCOMING MEETINGS

DATE	LOCATION	EVENT/GUEST SPEAKER
Tuesday 18 March #2505	Mentone RSL	Helen Brunt
Tuesday 25 March #2506	Mentone RSL	Man Behind the Badge - Trevor Salmon
Thursday 3 April #2507	Victoria Golf Club 6.15 for 6.30 start	Feedback from NYSF participants Combined meeting with Beaumaris and Noble Park Dingley Rotary Clubs
Tuesday 8 April # 2508	ZOOM Meeting	Committee Meeting

FEEDBACK FROM 2025 NATIONAL YOUTH SCIENCE FORUM STUDENTS

We have been able to confirm that the 4 Parkdale Secondary students and the 1 student from Kilbreda and also 1 teacher from each school will all attend the Beaumaris Rotary Club meeting at 6.30pm on the **Thursday 3rd April** at Victoria Golf Club – Park Road, Cheltenham. Hopefully many members from our club will also attend to hear the students' presentations.

This event offers us a great opportunity for the three clubs – the Rotary Club of Mordialloc Mentone, Rotary Club of Beaumaris and the Rotary Club of Noble Park Dingley to come together for fellowship as well as working together for the benefit of Rotary Youth programs.

Beaumaris Rotary members are looking forward to this meeting as it is always great to see the students talk so excitedly about their NYSF experience.

UPCOMING EVENTS

DATE	LOCATION	EVENT
Tuesday 18 March	Mentone RSL	Board Meeting 5pm
Friday 21 March	Bunnings Mentone	Sausage Sizzle
Saturday 22 March	Parkdale	Heart Health Walk
Friday 28 March to Sunday 30 March	Bendigo	District Conference
Sunday 6 April	Mentone Heritage Railway Station	Mentone Market
Thursday 10 April	St Nicholas Church Bear St Mordialloc – 1pm	Parkinson's Support Group
Saturday 27 April	Karkarook Park	Parkinson's – A Walk in the Park Details below

UPCOMING BUNNINGS SAUSAGE SIZZLES

DATES 2025

JANUARY 17

FEBRUARY 21

MARCH 21

**APRIL 17 – PLEASE NOTE CHANGE OF
DAY AND DATE**

MAY 16

JUNE 20

JULY 18

**AUGUST 22 – PLEASE NOTE CHANGE OF
DATE**

SEPTEMBER 19

OCTOBER 17

NOVEMBER 21

DECEMBER 19

UPCOMING MENTONE MARKETS

DATES 2025

FEBRUARY 2

MARCH 2

APRIL 6

MAY 4

JUNE, JULY, AUGUST, SEPTEMBER
WINTER BREAK

OCTOBER 5

NOVEMBER 2

DECEMBER 7

A Walk in the Park 2025

Moorabbin Group

Date: Sunday, 27 April 2025

Time: 11am

Location: Karkarook Park, Fairchild St., Heatherton

Join us for A Walk in the Park 2025

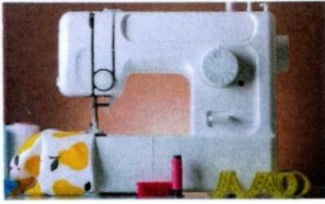
A Walk in the Park aims to provide an opportunity for people living with Parkinson's, their friends, family and the local community to show support and raise awareness and funds for Fight Parkinson's.

Let's walk together, fight together and make a lasting impact

Visit awalkinthepark.org.au/regionalwalks for more information or contact: Geoff Arthur, ga.atlasm@gmail.com



Scan for more
information



Come the whole day or for whatever time you have



You are invited to join a group at Kingston City Salvo's in Dingley on from **9:30am to 3pm** to sew sanitary items for adolescent girls in Kenya West Salvation Army schools. In association with Ringwood Salvo's, we have the plans and equipment needed to get quite a few completed in a day, working together.

If you can sew and have a machine, bring it along. Those who can cut, chalk out material using templates, iron or hand sew are welcome.

Lunch is provided and fun is expected.

This year's dates:

Feb 15, March 15, April 12, May 17, June 21,

July 19, Aug 16, Sept 20, Oct 18, Nov 15

Contact Andrea on 0409 180 612 if you would like to be involved.



**BRIGHTON CLASSIC
CAR SHOW**

Sunday 30 March, 2025
Firbank Grammar Oval
51 Outer Crescent, Brighton

GOLDSPONSORS



All makes 25 years and older!
Register: trybooking.com/CWYRJ
Website: brightonclassiccarshow.org.au
All other enquiries: Rob Pinchbeck 0411 729 569
(e) pinchbeck@optusnet.com.au



Beaumaris Rotary  *Service above Self*

GOLD SPONSOR  BRIGHTON

Bayside DOG LOVERS DAY

SUNDAY 16 MARCH 2025 ROYAL AVENUE, SANDRINGHAM
 9 am - 2 pm - Gates open 8.30 am All proceeds go to Rotary Projects

GENERAL ADMISSION \$5 Per Person or Family (including their dog)
 Bookings through Eventbrite - scan QR Code below

HIGHLIGHTS

- Great Family Event
- Funfilled Competition for Dogs
 (Booking through EVENTBRITE - scan QR Code below)
 - Fashions on the Field
 - K9 Musical Chairs
- Face Painting
- Food Stalls
- Live Music

Entertainment by:
FUN ARTS CREATIVE ENTERTAINMENT

- RSPCA
- Guide Dogs Victoria
- Therapy Dogs
- Racing 2 Rehome
- Pet Food Stalls
- Much, Much More.....



Notes:
 All dogs must be on leash at all times while on the grounds. Owners are responsible for their dogs.
 This is a public event. There will be photography taken during the event.

Contact:
 beaumarisrotary@gmail.com | glenda@stevensoncpa.com.au | Raj - 0413 067 131




THE MAGIC OF ROTARY



PHOTO BOARD



Club members enjoyed a very informative presentation from Janette Heatherington and Tom Roth regarding Interplast – our club later presented them with a cheque for \$5000



Rotary Club of Mordialloc Mentone

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The Rotary Club of Mordialloc Mentone has been a major supporter of Interplast for over 20 years. Interplast sends teams of volunteer plastic and reconstructive surgeons, anaesthetists, nurses and allied health professionals to provide life-changing surgery and medical training in 17 countries across the Asia Pacific region. If you would like to find out more information click here <https://interplast.org.au/learn-more/our-organisation/>